

Sampl-It!



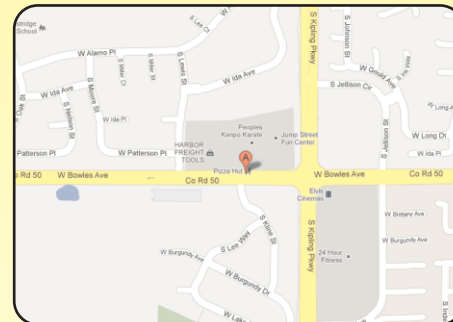
THE Women's Gym

10151 W. Bowles Ave

303-948-4586

<http://www.thewomensgym.com/>

valid through: 12/31/11



The Offer:

Ladies, are you looking for a great place to get in shape with a full array of weight machines, lots of cardio choices, free weights, classes, and much more. Come into THE Women's Gym-we have it all! We are here to support you in your health, fitness, and weight loss goals!

Customized Workout:

Our trainers will help you design a workout with your strengths and abilities in mind. Your workout will be customized- no cookie cutter workouts for you!

Two Open Dates

Join us Wednesday October 19, 2011 or October 26 for a Sampl-it of THE Women's Gym.

A Little Bit About Us:

THE Women's Gym is a locally owned and operated women's gym. We offer a unique level of service encouraging our clients to look forward to time spent in the gym. First and foremost, we support and promote healthy habits. At THE Women's Gym we understand women's needs, goals, and their busy schedules. Our objective is to make the workout fit the client-not make the client fit the workout.

Call for an appointment or for the daily class schedule 303-948-4586. Located at 10151 W Bowles Avenue.

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