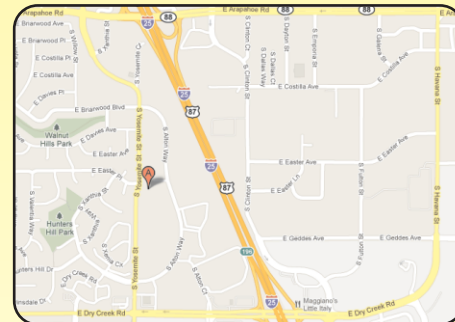


Sampl-It!



The Conditioning Classroom

9034 E Easter Pl. #100
Centennial CO 80112
www.theconditioningclassroom.com
valid through: 12/31/11



The Offer:

FINALLY... an EXCITING, FUN way to achieve the benefits of YOGA and KICKBOXING without fighting the intimidating/crowded classes you have tried before.

The Conditioning Classroom provides beginner small group classes, so you learn and feel comfortable with the techniques taught. The teacher will get to know you and your limitations.

It is a GREAT way to experience something new!

Try 1 group class for only \$5! (\$15 value)

- Cardio Kickboxing
- Yoga
- Stability Ball

Just mention The Success Works Challenge

A Little Bit About Us:

We are a private personal training gym focused on educating our clients on how to incorporate quality exercise and good nutrition into their lives. We want people to be empowered, feeling comfortable exercising both inside and outside our facility! Our intimate and comfortable environment promotes true education, allowing clients to escape the intimidating "big gym" scene. We also offer group exercise classes such as cardio kickboxing, yoga, and stability ball, but once again in a more intimate studio to promote learning. Correct exercise will improve quality of life - let us teach you how!

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