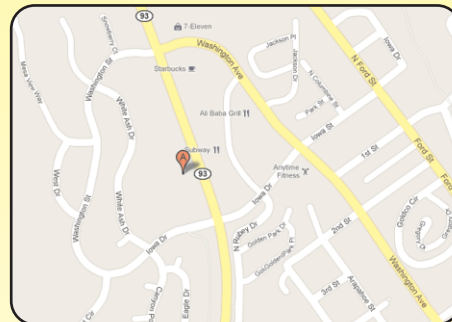


Sampl-It!



Bungee Bootcamp

197 White Ash Dr
Golden, CO 80403
720 951 2980
www.Bungeebootcamp.com
valid through: 12/31/11



The Offer:

Sample 1 week free (5 days) of Bungee Bootcamp to experience all the different class styles, we do much more than the typical "Bootcamp Class". You'll experience the Med ball workout, Multi-torsional training, iron bar and Tarpass training classes.

A Little Bit About Us:

Paul Serafini has enjoyed a career as a personal trainer for 15 years. Through working with a diverse population of clients ranging from able bodied to brain trauma/ MS clients Paul has learned to adapt nearly everything he does to help those in need. The culmination of those years of Personal Training experience coupled with his Marathoning and Adventure Racing background have helped him to design a fun, safe, functional program with your goals in mind. Whatever your goals/ limitations are, he will help you accomplish it. Paul enjoys seeing participants reach new levels in their healthy lifestyle that they never knew existed.

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