

Sampl-It!



OnTrack Fitness

Highlands Ranch, CO
720-663-9822
www.GetOnTrackToday.com
valid through: 12/31/11



The Offer:

Try out any of our bootcamps or Zumba Bootcamp in Roxborough or Highlands Ranch. Come yourself or bring up to 3 friends. You may check class times and locations on our website www.GetOnTrackToday.com or call for details 720-663-9822.

Please rsvp by phone 24 hours in advance of the class you'll be attending.

FREE CHILDCARE at most class locations. Please let us know if you'll be using this service. We'll need to reserve a space for your child(ren). Thanks!

A Little Bit About Us:

Lynda Skluzak, the primary instructor and company founder is a Certified Personal Trainer through the National Academy of Sports Medicine. At the age of 21, she was diagnosed with Systemic Lupus Eurythmyosis.

Her personal experience with illness, arthritis, fatigue, weight issues and the trials of working through chronic illness developed her empathy and ability to coach and motivate her students.

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